

WELLNESS

Join SD 62's Tiffany Adams for a FitNation video supporting your own well-being.

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ART

Featured Art
 "A New Day" by Luke Marston
 View the work of art, artist statement, and response questions [here](#)

Connect to Community! Show your support for essential workers by making [hearts to stick in your window.](#)

SONG

[OSIEM - Susan Aglukark](#)

Listen to the song. Which lyrics resonate with you the most? Share the song with a member of your family.

NUMERACY

Wolves look after each other. They live and hunt in packs. A pack can range from 2 - 20 wolves.

Count by 2s to 20. How high can you count by 2s?

If 7 packs of wolves live in one area, what is the minimum number that could live there? What is the maximum number?

Research and find out the dimensions of an area a wolf pack would need to live in. Share your thinking by taking a picture of it or writing a sentence.

[Wolf PDF](#)

[SMALL NUMBER COUNTS TO 100](#)

Watch the video. How would you solve the problem without counting? Can you write an equation to solve the problem?

PRINCIPLE OF LEARNING

Learning ultimately supports the well-being of the self, the family, the community, the land, the spirits, and the ancestors

[Deepen your Understanding](#)

LITERACY

Wolves have a strong sense of community.

Gray Wolf's Search - Watch the video of the story.

<https://youtu.be/FJmGBEpkD-s?t=508>

Think about who the important people are in your life and how you are important to them. Interview someone in your house and record their answers about the important things in life.

WEEKLY TALKING CIRCLE PROMPT

What do you do to support your community and family?

[Information on Talking Circles](#)

STEM/STEAM

Longhouses are a central part of Coast Salish Communities. Visit the website *A Journey Into Time* and explore a virtual Walkthrough of a 9,000 year old Coast Salish Seashore and Longhouse Village.



Can you recreate a longhouse using materials from inside your house?

Links:

<http://www.sfu.museum/time/en/>

Materials and Guide:

<http://tiny.cc/pbz0mz>

TERRITORY ACKNOWLEDGEMENT

We acknowledge the traditional territories of the Coast Salish: T'Sou-ke Nation and Scia'new Nation and Nuu-chah-nulth: Pacheedaht Nation.

We also recognize some of our schools reside on the traditional territory of Esquimalt Nation and Songhees Nation.

[Territory Acknowledgement Information Package](#)



Word of the Week

Wolf
STKAYE

[AUDIO](#)

Try to say STKAYE, Teach a family member!